

Highlights From the Current Issue – Audiovisual Summary

Karl A. Nath, MBChB

Karl A. Nath, MBChB, Editor-in-Chief of *Mayo Clinic Proceedings*, discusses the Editor's Choice and Highlights articles appearing in the November 2022 issue.

These include:

“Plant-Based Diets and All-Cause and Cardiovascular Mortality in a Nationwide Cohort in Spain: The ENRICA Study,” by Dr M. Delgado-Velandia and colleagues;

“Submaximal Angiotensin-Converting Enzyme Inhibitor and Angiotensin Receptor Blocker Dosing Among Persons With Proteinuria,” by Dr Chi D. Chu and colleagues and

“Night Shift Work, Genetic Risk, and Hypertension,” by Dr Zhihao Xiao and colleagues.