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Table of Contents

August 2016 Volume 91 Number 8

The September online issue of *Proceedings* will be available by Thursday, September 1. Sign up for an alert to the online Table of Contents at www.mayoclinicproceedings.org

Editorial

981 Walking Throughout Your Day Keeps Depression (and a Host of Other Health Problems) Away

Edward R. Laskowski


Original Articles

984 Effects of a Sedentary Behavior–Inducing Randomized Controlled Intervention on Depression and Mood Profile in Active Young Adults

Meghan K. Edwards and Paul D. Loprinzi  


Regular exercisers who abstained from exercise for 1 week experienced negative changes in both depression and mood state.

999 Physical Activity and Alzheimer Disease: A Protective Association

Alejandro Santos-Lozano, Helios Pareja-Galeano, Fabian Sanchis-Gomar, Miguel Quindós-Rubial, Carmen Fiuza-Luces, Carlos Cristi-Montero, Enzo Emanuele, Nuria Garatachea, and Alejandro Lucia 

Regular physical activity performed by elderly people might help protect against Alzheimer disease.

1021 Registered Randomized Trials Comparing Generic and Brand-Name Drugs: A Survey

Maria Elena Flacco, Lamberto Manzoli, Stefania Boccia, Anna Puggina, Annalisa Rosso, Carolina Marzuillo, Giacomo Scaioli, Maria Rosaria Gualano, Walter Ricciardi, Paolo Villari, and John P.A. Ioannidis 

These authors found a relatively low number of registered randomized trials comparing the health effects of generic vs brand-name medicines as well as an unsatisfactory publication pattern.


1035 Effect of Preprocedural Thrombocytopenia on Prognosis After Percutaneous Coronary Intervention

Claire E. Raphael, Daniel B. Spoon, Malcolm R. Bell, Peter J. Psaltis, Stephen Kidd, Shu X. Loh, Ryan J. Lennon, Mandeep Singh, Charanjit Rihal, and Rajiv Gulati

Although clinicians may be reluctant to refer percutaneous coronary intervention in patients with thrombocytopenia, this study suggests that the procedure may be safe in selected patients.

Continued

1045 Prophylactic Plasma Transfusion Before Interventional Radiology Procedures Is Not Associated With Reduced Bleeding Complications

Matthew A. Warner, David A. Woodrum, Andrew C. Hanson, Darrell R. Schroeder, Gregory A. Wilson, and Daryl J. Kor  

Although coagulation abnormalities are common before interventional radiology procedures, prophylactic administration of plasma was not associated with decreased red blood cell transfusion rates or improved patient outcomes.

1056 Patient, Caregiver, and Physician Work in Heart Failure Disease Management: A Qualitative Study of Issues That Undermine Wellness

Steven A. Farmer, Susan Magasi, Phoebe Block, Megan J. Whelen, Luke O. Hansen, Robert O. Bonow, Philip Schmidt, Ami Shah, and Kathleen L. Grady  

Patients with heart failure and clinicians said lack of continuity—amplified by a fragmented health care system that features multiple transient providers with poorly defined roles—is a major impediment to efficient care.

1066 Incidence of Type 1 Diabetes Is Not Increasing in a Population-Based Cohort in Olmsted County, Minnesota, USA


Amanda K. Cartee, Lisa A. Owens, Brian D. Lahr, Barbara P. Yawn, Joseph A. Murray, and Yogish C. Kudva 

The incidence of type 1 diabetes has stopped increasing in Olmsted County, Minnesota, in the most recent decade.

Brief Report**1074 Reporting on the Strategies Needed to Implement Proven Interventions: An Example From a “Real-World” Cross-Setting Implementation Study**

Rachel Gold, Arwen E. Bunce, Deborah J. Cohen, Celine Hollombe, Christine A. Nelson, Enola K. Proctor, Jill A. Pope, and Jennifer E. DeVoe 

Reviews**1084 Duration of Dual Antiplatelet Therapy After Drug-Eluting Stent Implantation in Patients With and Without Acute Coronary Syndrome: A Systematic Review of Randomized Controlled Trials**

Abhishek Sharma, Carl J. Lavie, Samin K. Sharma, Akash Garg, Ajay Vallakati, Debabrata Mukherjee, and Jonathan D. Marmor 

1094 Diverticulosis and Diverticulitis


Joseph D. Feuerstein and Kenneth R. Falchuk

Concise Review for Clinicians—CME Credit Offered**1105 Gas and Bloating—Controlling Emissions: A Case-Based Review for the Primary Care Provider**


Thomas G. Cotter, Mark Gurney, and Conor G. Loftus

Please note that articles with an "e" page designation are available only in the online version of the Journal at www.mayoclinicproceedings.org

Residents' Clinics

- 1114** 76-Year-Old Man With Abdominal Pain, Fever, and Maculopapular Rash
Adam C. Bledsoe, Liam Zakko, and Conor G. Loftus
- e111** 62-Year-Old Woman With Acute Hypotension and Hypoxia After Surgical Repair of Hip
Clarence T. Li, Yogesh N. Reddy, and Crystal R. Bonnichsen 

Symposium on Pain Medicine—CME Credit Offered

- 1118** Common Functional Gastroenterological Disorders Associated With Abdominal Pain
Adil E. Bharucha, Subhankar Chakraborty, and Christopher D. Sletten 

Symposium on Neoplastic Hematology and Medical Oncology—CME Credit Offered

- 1133** Management of Hormone Deprivation Symptoms After Cancer
Stephanie S. Faubion, Charles L. Loprinzi, and Kathryn J. Ruddy 


Letters to the Editor

- 1147** Time in Range: A Fourth Domain in Glycemic Control or a Glucose Variability Alternative?
Amr S. Omar
- 1147** Gene Expression Profiling in Cutaneous Melanoma: Caveats for Clinicians
Sindhuja Sominidi-Damodaran, Mark R. Pittelkow, and Alexander Meves


Medical Images

- 1149** Yellowish Papules on the Palms After Water Immersion
Pablo Fernández-Crehuet and Ricardo Ruiz-Villaverde

Path to Patient Image Quiz

- e117** Alzheimer Disease
Mark E. Jentoft and Lori A. Erickson 

Art at Mayo Clinic

- e119** *The Mighty Mississippi, Summer Day, Morning on Monhegan, and Painting on Warf* by Ken DeWaard
Margaret R. Wentz 

Other Features

25A Professional Opportunities

Coming Soon...

New Insulin Delivery Recommendations

Complementary Health Approaches to Pain Management

Adverse Events After Nonobstetric Surgery in Pregnant Patients

Myocarditis in Clinical Practice

Potentially Curable Cancers of the Esophagus and Stomach

Racial Disparities in Outcomes for Hepatocellular Carcinoma

Antidepressant-Induced Female Sexual Dysfunction

Icon Key



This article has been given "Editor's Choice" distinction.



An author interview accompanies this article.



This article is online only at www.mayoclinicproceedings.org.



Supplemental material accompanies this article at www.mayoclinicproceedings.org.



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