

Highlights from the Current Issue – Audio Summary

Thomas C. Gerber, MD, PhD, Associate Editor

Dr Thomas Gerber discusses the Editor's Choice and Highlights articles in the December 2015 issue of *Mayo Clinic Proceedings*.

These include:

“Changes in Burnout and Satisfaction With Work-Life Balance in Physicians and the General US Working Population Between 2011 and 2014,”

by Dr Tait D. Shanafelt and colleagues;

an accompanying Editorial entitled **“Disturbing Trends in Physician Burnout and Satisfaction With Work-Life Balance: Dealing With Malady Among the Nation's Healers,”**

by Drs William L. Lanier and Dan Ariely;

“Advances in the Treatment of Metastatic Prostate Cancer,”

by Drs Jong Chul Park and Mario A. Eisenberger;

“Evaluation and Treatment of Low Back Pain: A Clinically Focused Review for Primary Care Specialists,”

by Drs W. Michael Hooten and Steven P. Cohen;

and **“Primary Myelodysplastic Syndromes: The Mayo Clinic Experience With 1000 Patients,”**

by Dr Naseema Gangat and colleagues.