Highlights from the Current Issue – Audiovisual Summary

Thomas Gerber, MD, PhD, Associate Editor

Dr. Thomas Gerber focuses on the articles featured on the December 2013 cover of *Mayo Clinic Proceedings.* These include:

“Physician Satisfaction and Burnout at Different Career Stages,” by Dr. Liselotte N. Dyrbye and colleagues;

“Medicine and Its Discontents,” by Dr. Glen O. Gabbard;

“The Phantom Limb of the Triple Aim,” by Dr. William M. Spinelli;

“Maternal Inactivity: 45-Year Trends in Mothers’ Use of Time,” by Dr. Edward Archer and colleagues;

“Optimizing the Health of Mothers, Infants, and Communities Through Research,” by Drs. Thomas E. Kottke and Patrick T. Courneya;

“Maternal Vitamin D Supplementation to Improve the Vitamin D Status of Breast-fed Infants: A Randomized Controlled Trial,” by Dr. Sara S. Oberhelman and colleagues;

“Supervised Exercise-Based Intervention to Prevent Excessive Gestational Weight Gain: A Randomized Controlled Trial,” by Dr. Jonatan R. Ruiz and colleagues;

“Characteristics and Outcomes of Patients Who Achieve High Workload (≥10 Metabolic Equivalents) During Treadmill Exercise Echocardiography,” by Dr. Nowell M. Fine and colleagues;

“Use of Functional Aerobic Capacity Based on Stress Testing for Predicting Outcomes in Normal, Overweight, and Obese Patients,” by Dr. Muaz Abudiab and colleagues;

“Physical Activity and Cardiovascular Risk: 10 Metabolic Equivalents or Bust,” by Drs. Jill N. Barnes and Michael J. Joyner;


“Protective Role of Resting Heart Rate on All-Cause and Cardiovascular Disease Mortality,” by Dr. Arpit Saxena and colleagues;

“Physical Activity Promotion in the Health Care System,” by Drs. Ilkka Vuori, Carl J. Lavie, and Steven N. Blair;

“Regenerative Nanomedicine for Vision Restoration,” by Dr. Marco A. Zarbin and colleagues;

“Human Immunodeficiency Virus: What Primary Care Clinicians Need to Know,” by Drs. Mary J. Burgess and Mary J. Kasten