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Table of Contents



July 2013 Volume 88 Number 7

The August online issue of *Proceedings* will be available by Thursday, August 1.
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Editorials



- 641** Technological and Treatment Imperatives, Life-Sustaining Technologies, and Associated Ethical and Social Challenges
Paul S. Mueller and C. Christopher Hook
- 645** Introduction to the Symposium on Regenerative Medicine
Eric L. Matteson and Andre Terzic 

Commentaries

- 647** Marijuana and Chronic Nonmalignant Pain in Adolescents
Tracy E. Harrison, Barbara K. Bruce, Karen E. Weiss, Teresa A. Rummans, and J. Michael Bostwick 
- 651** Professionalism: Etiquette or Habitus?
Ryan M. Antiel, Warren A. Kinghorn, Darcy A. Reed, and Frederic W. Hafferty 
- 653** Reperfusion Therapy for Acute Ischemic Stroke: How Should We React to the Third Interventional Management of Stroke (IMS III) Trial?
James F. Meschia, Kevin M. Barrett, and Thomas G. Brott

Original Articles


- 658** Preferences for Resuscitation and Intubation Among Patients With Do-Not-Resuscitate/Do-Not-Intubate Orders
John E. Jesus, Matthew B. Allen, Glen E. Michael, Michael W. Donnino, Shamai A. Grossman, Caleb P. Hale, Anthony C. Breu, Alexander Bracey, Jennifer L. O'Connor, and Jonathan Fisher 
Despite decades of discussion and research, medical decision making at the end of life continues to pose contentious and intractable problems in clinical bioethics.
- 666** Substituted Judgment in Principle and Practice: A National Physician Survey
Michael P. Combs, Kenneth A. Rasinski, John D. Yoon, and Farr A. Curlin 
US physicians largely agree, in principle, that surrogates should prioritize what the patient would have wanted over what they believe is in the patient's best interest.
- 674** The Perioperative Management of Patients With Left Ventricular Assist Devices Undergoing Noncardiac Surgery
David W. Barbara, David R. Wetzel, Juan N. Pulido, Bryan S. Pershing, Soon J. Park, John M. Stulak, Scott P. Zietlow, David S. Morris, Barry A. Boilson, and William J. Mauermann 
Noncardiac surgery in patients with left ventricular assist devices requires a large infrastructure and numerous resources to manage this complex patient population.

- 683** **Effect of Aspirin and Antiplatelet Drugs on the Outcome of the Fecal Immunochemical Test**
Luis Bujanda, Ángel Lanás, Enrique Quintero, Antoni Castells, Cristina Sarasqueta, Joaquín Cubiella, Vicent Hernandez, Juan D. Morillas, Teresa Perez-Fernández, Dolores Salas, Montserrat Andreu, Fernando Carballo, Xavier Bessa, Angel Cosme, and Rodrigo Jover, for the COLONPREV Study Investigators 
- This study examined whether low-dose aspirin and nonaspirin antiplatelet agents should be suspended before stool collection for the fecal immunochemical test.
- 690** **Accelerometer-Assessed Physical Activity and Objectively Determined Dual Sensory Impairment in US Adults**
Paul D. Loprinzi, Ellen Smit, Frank R. Lin, Ben Gilham, and Pradeep Y. Ramulu
- Clinicians should evaluate physical activity levels in patients with vision and hearing loss and promote physical activity to prevent comorbidities associated with an inactive lifestyle.
- 697** **Age and Sex Patterns of Drug Prescribing in a Defined American Population**
Wenjun Zhong, Hilal Maradit-Kremers, Jennifer L. St. Sauver, Barbara P. Yawn, Jon O. Ebbert, Véronique L. Roger, Debra J. Jacobson, Michaela E. McGree, Scott M. Brue, and Walter A. Rocca 
- This study provides baseline information useful for understanding drug prescribing patterns across all ages in a defined population and for future studies of drug utilization and drug-related outcomes.

Special Article

- 708** **Temporary Is Not Always Benign: Similarities and Differences Between Transient Ischemic Attack and Angina**
Antonio Carolei, Francesca Pistoia, Simona Sacco, and J.P. Mohr

Review

- 720** **Vitamin D for Health: A Global Perspective**
Arash Hossein-nezhad and Michael F. Holick 


Residents' Clinic

- 756** **34-Year-Old Man With Exertional Syncope, Dyspnea, and Chest Pain**
Deana Mikhalkova, Eric R. Fenstad, and Wayne L. Miller

Case Report

- 761** **Emergency Cardiac Support With Extracorporeal Membrane Oxygenation for Cardiac Arrest**
Marysia S. Tweet, Gregory J. Schears, Andrew Cassar, Seth H. Sheldon, Brian P. McGlinch, and Gurpreet S. Sandhu 

Symposium on Regenerative Medicine—CME Credit Offered


- 766** **Regenerative Medicine Primer**
Andre Terzic and Timothy J. Nelson 

Letters to the Editor

- 776** **Prevalence of Skin Disorders in Patients Seeking Health Care**
Sarah M. Sung and Alexa B. Kimball
- 776** **In reply—Prevalence of Skin Disorders in Patients Seeking Health Care**
Jon O. Ebbert, Barbara P. Yawn, Jennifer St. Sauver, and Walter A. Rocca

Please note that articles with an “e” page designation are available only in the online version of the Journal at www.mayoclinicproceedings.org


Residents' Clinic

- e65** 30-Year-Old Woman With Dyspnea, Cough, Hemoptysis, and a Cavitory Lung Lesion
Hemang Yadav and Tobias Peikert 

Stamp Vignette on Medical Science

- e71** John Robert Vane—British Pharmacologist and Nobel Laureate
Marc A. Shampo, Robert A. Kyle, and David P. Steensma 

Art at Mayo Clinic

- e73** *Tulipia (Ribbon), Peaches, Lily Pad, and Tulipia* by Dan Rizzie
Margaret R. Wentz 

Medical Images

- e75** Tumorous PASH Presenting as Rapid Unilateral Breast Enlargement
Travis L. Holloway and Ismail Jatoi 

Other Features

- 777** Corrections
29A Professional Opportunities

Coming Soon...

Innate Regeneration in the Aging Heart: Healing From Within





My Treatment Approach to the Management of Ulcerative Colitis

How Many Contemporary Medical Practices Are Worse Than Doing Nothing or Doing Less?

Top Ten Things Palliative Care Clinicians Wished Everyone Knew About Palliative Care

Fecal Microbiota Transplantation for Recurrent *Clostridium difficile* Infection

Icon Key

-  This article has been given "Editor's Choice" distinction.
-  An author interview accompanies this article.
-  This article is online only at www.mayoclinicproceedings.org.
-  Supplemental material accompanies this article at www.mayoclinicproceedings.org.



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MAYO CLINIC PROCEEDINGS (ISSN 0025-6196) is published monthly by Elsevier on behalf of Mayo Foundation for Medical Education and Research. Periodicals postage paid at New York, NY, and additional mailing offices. POST MASTER: Send address changes to Mayo Clinic Proceedings Customer Service, 3251 Riverport Lane, Maryland Heights, MO 63043.

